

Heart-Centered Programs

Empower - Energize - Enhance

Putting **Heart** back into your life

Budgeting 101

Overview/Description

Today, more than ever, making our money go far is important to everyone. So whether you're trying to save for something, close the gap from paycheck-to-paycheck, or just have more disposable income, this workshop is for you!

Ideal Audience

Anyone who wants to put more money in their pocket. Also, those who are looking for better ways to budget.

Expected Duration

1 hour, 2 hour, or Half-Day Session

"The art is not in making money, but keeping it."
- Proverb

*"The real measure of your wealth is how much you'd
be worth if you lost all your money."*
- Unknown

Workshop Objectives

At the conclusion of this workshop, you will be able to:

- Understand your Money Belief System
- Prioritize your spending
- Uncover your Money 'Leaks'
- Learn how to create a simple Budget
- Set Financial Goals
- 101 ways to Save Money in all Areas

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